

## Changes to disclosure and barring scheme - are you compliant?

As part of their commitment to protecting vulnerable groups, the UK Government aim for a focussed and effective safeguarding system. In order to achieve this, changes have been made to the Disclosure and Barring Scheme as a result of the Protection of Freedoms Act 2012, which recently received Royal Assent. The changes scale back the criminal records and barring systems to more proportionate levels whilst continuing to provide protection to those who need it most.

Read more on page 7

## Bullying - We're better without it!

The theme for this year's Anti Bullying Alliance campaign is 'We're better without bullying' looking at how bullying affects achievement in schools.

The effects of bullying can cause young people to miss school, fail exams, drop out of sports and stay away from extra-curricular activities all of which prevent them from achieving their full potential. Research shows that around 16,000 young people aged 11 to 15 are absent from school at any one time because of bullying.

The aim of the campaign is to highlight the effects of bullying and encourage children and young people to challenge all forms of bullying whether it occurs in school, in sport, in other activities or in cyberspace. Ensuring that schools, colleges, sports clubs and youth providers take steps to prevent bullying and encourage the inclusion of all children and young people is also highlighted.

Under the new inspection process introduced in January 2012, Ofsted are now paying particular attention to how well a school manages behaviour and attendance, and promotes pupil safety from bullying and harassment. Inspectors not only draw on observations but also listen to pupils, staff, parents or carers and governors to gain information.

### Ofsted's View

Ofsted's report 'No place for Bullying' offers an insight into the best practices they found when inspecting schools during 2011/12. It was found that the schools most effective in tackling bullying had:

- a combined behaviour and anti-bullying policy, seeing bullying as part of a continuum of behaviour
- a school curriculum which taught about all aspects of difference and diversity, contributing to a culture of mutual respect
- thought about the importance of the physical organisation of the school and the organisation of break times and lunchtimes
- provided relevant training to staff in tackling issues around bullying
- recorded and analysed bullying incidents and used the information to shape future actions.

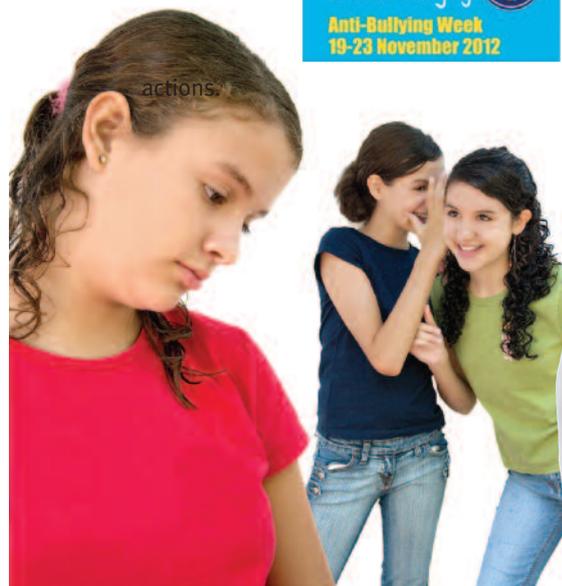
Further insight into Ofsted best practices and case studies can be found on the KAHSC Website or from [www.ofsted.gov.uk](http://www.ofsted.gov.uk)

More information on Anti Bullying Week campaign along with school resources can be found at [www.anti-bullyingalliance.org.uk/anti-bullying-week](http://www.anti-bullyingalliance.org.uk/anti-bullying-week)

Cyberbullying is further explored in the article on page 7

KAHSC will be providing details of courses in the near future which will offer practical advice, strategies and guidance for tackling bullying in schools.

Look out for details coming soon.



## This Issue

**H & S Regulations - no reason for discouraging play**

**Changes to School Premises regulations**

**Be prepared this Winter**

**Dealing with allegations**

**E-Safety and Ofsted**

**Cyberbullying**

**Courses available to book now**

**New!**

**Model Policies and Procedures**

- **Home-School Agreement**
- **Procedures for Managing Asthma** supported by Safety Series Mo4 - Managing Asthma
- **Procedures for Managing Medicines** supported by Safety Series Mo1 - Managing Medicines
- **Positive Handling, Support and Physical Intervention Procedures**
- **Accessibility Plan**

## Christmas Time

**Mistletoe and... a trip to Accident and Emergency**

Staff at UK hospitals report that more than 80,000 people a year are treated for Christmas related injuries, from broken arms pulling crackers to Christmas tree branches in the eye.

Whatever your plans this festive period, be safe and make sure you aren't one of these people!

# E Coli

Before the summer holidays there was an isolated outbreak in Cumbria of e-coli affecting children from the same school.

After investigation by the Health Protection Agency the school was found **NOT** to be the source of the infection and they were given advice to help prevent the spread of infection. Although school had hand dryers installed the HPA recommended a re-introduction of paper towels as well. They were also advised to replace soap bars with liquid soap and turn a keen focus on good personal hygiene throughout school as well as reminding parents and staff that children must remain off school for at least 48hrs after the last episode of vomiting or diarrhoea.

Three people die each year by testing a 9v battery on their tongue!



The British Safety Council Speak Up-Stay Safe campaign is currently promoting the importance of young people, either still at school or about to start work, being able to identify the risks they may face when introduced to a work-related environment.

The campaign website provides young people with factsheets, downloads, films and games helping them identify hazards and risks as well as downloads for employers informing them of their legal duties, and how to effectively communicate health and safety to their workforce. The newest feature on the website is a free app and online game called 'The Missing - A Dangerous Truth' available on Apple and Android, where a teenage brother and sister encounter zombies whilst identifying work-related risks - i.e. 'the dangerous truth'. The game has been well received by school pupils nationally.

Alex Botha, British Safety Council CEO said of the game "I was delighted by the response of pupils as our Speak Up, Stay Safe campaign is all about starting young. The game is a great opportunity to get information on the website into their hands. It really could be a game that saves lives".

The game and further information about the campaign can be found at [www.britsafe.org/speakupstaysafe](http://www.britsafe.org/speakupstaysafe)

## A new face at KAHSC



Julie is our recently appointed Health and Safety Administrator. She also has a background in education but at the Further Education end of the spectrum having spent the last 4 1/2 years working in a College of Further Education. Julie's main role is keeping the business running on a day-to-day basis, dealing with telephone enquiries and co-ordinating our courses and other events. She is responsible for marketing and ensuring that the website is kept up-to-date with current information, advice and guidance to schools and other educational settings. Julie is also tasked with sending out the weekly 'Alerts' which inform our website members what has been updated or changed on the website, a key part of our services to schools. Julie is a very welcome asset to our team.

## H&S regulations - no reason for discouraging play

Health and Safety is often presented as the reason for discouraging play and leisure activities for children and young people as is the case for a Day Care Nursery in Wem who have been banned from visiting a local allotment by their town council on grounds of health and safety preventing this. The HSE have released a statement making clear that this should not be the case and supporting the provision of play for enhancing learning and development.

Well-managed play allows children to explore and understand their abilities and the risks which they face in the real world. Planning and providing play opportunities is about striking the right balance between risk and benefits, and not eliminating risk altogether. Serious accidents are very unlikely, however on the rare occasion of a serious accident, sensible control measures mean that it is highly unlikely that there will be any breach of health and safety law.



The HSE statement supports a play sector publication, 'Managing Risk in Play Provision; Implementation Guide' as "A sensible approach to risk management". The publication provides guidance on how to assess risks whilst looking at the benefits of activities and ensuring that controls are proportionate to the risks posed.

A copy of the HSE's full statement and the publication referred to above are available to download from the KAHSC website or Play England.

Five hundred and forty three

people were admitted to A&E in the last two years after opening bottles of beer with their teeth.



## This Editions Star Performers are:

**James Rennie School** achieved an incredible **99%** in their most recent Cumbria County Council Health and Safety Audit! Congratulations to Liz Davison and Margaret Ratcliffe whose hard work and dogged attention to detail helped to make this happen.

**Mayfield School** who were recently judged as an **'Outstanding'** school across all the judgement grades. Congratulations to Lynne Brownrigg, the staff, Governors and of course, the pupils of Mayfield School, Whitehaven.

In response to the high number of 'silly decisions' being made in the name of Health and Safety the HSE have launched the Myth Buster Challenge Panel. People are encouraged to challenge when they are told that they can't do something 'because of health and safety'.

**Myth:** A Perth and Kinross school have been told by the owners of their building that they can no longer use 'Blu Tack' to display children's work on windows for health and safety reasons. It was claimed that chemicals in the Blu Tack may react with a chemical in glass and cause the window to shatter.

**Busted:** The Myth Buster challenge panel found that the manufacturers website clearly states that the product can be used on glass. Whatever the reasons were for banning the use of Blu Tack it was not on health and safety grounds.

**Myth:** A school has banned the use of yo-yos on health and safety grounds.

**Busted:** There is no health and safety law which bans yo-yos from schools. Whilst there will always be some risk of yo-yos being misused and causing minor injuries, it seems to us to be a disproportionate response to ban them from the school.

The panel can be contacted through the HSE website at [www.hse.gov.uk/contact/contact-myth-busting.htm](http://www.hse.gov.uk/contact/contact-myth-busting.htm)

**MORE MYTH BUSTING ON PAGE 6...**

# Changes to School Premises Regulations allow greater flexibility

From 31 October amendments to regulations relating to school premises in maintained schools take effect, with amendments for independent schools including Academies and Free Schools due in January 2013. With fewer regulations than previously, the changes are intended to allow greater flexibility to schools in how they use their premises.



Many of the regulations state that provision must be 'suitable' i.e. schools must, when determining whether provision is adequate, take into consideration age, number and sex of pupils and special requirements they may have.

**Changes to the regulations include:**

- Toilet and washing facilities - should be 'suitable' for age, sex and 'special requirements' of pupils, with separate facilities for staff/visitors. Specific ratio requirements have been removed.
- Medical Accommodation - should be 'suitable' for needs of the pupils e.g. examination and treatment, short term care, therapy for those with special educational needs or disabilities
- Health, Safety and Welfare - ensuring that the health, safety and welfare needs of all pupils are safeguarded in line with other Health and Safety Legislation
- Acoustic conditions - should be 'suitable' for the nature of the activities which normally take place therein with consideration given to those with special needs and hearing impairments
- Lighting - Internal lighting must be 'suitable' for the nature of activities undertaken within; external lighting must be provided and sufficient to ensure the safety of people entering and leaving premises
- Water Supplies - Drinking water facilities should be 'suitable'; adequate hot and cold water supplies; Cold water supplies that are suitable for drinking must be marked clearly as such; the maximum temperatures for hot water must be such so as to prevent scalding of the user
- Outdoor spaces - should be 'suitable' for the provision of PE in accordance with school curriculum and for pupils to play outside

Guidance on how to meet the regulations as well as the statutory document is available to download from the KAHSC website or from <http://www.legislation.gov.uk/ukxi/2012/1943/contents/made>.

## Online Visits Module Now Live

After a year in development and an extended testing period, the online visits notification and approval module of our website is now live and ready to receive visits details.

Those identified by their school as a user (Visit Leader, Educational Visits Coordinator (EVC) or Approver), will by now have received their own personal login to the website by email. Not received yours and think this applies to you? Please ask your EVC or contact us direct.

Phase 1 of the module allows for the input of information and upload of relevant documents for visits. It allows schools to invite each other to share information when undertaking joint visits as well as the facility to ensure visit approval is possible prior to such last minute details like finalised registers, emergency base contact and accommodation address details being confirmed.

Coming next term, Phase 2 will include a more detailed staff and volunteer profile where experience and certificates such as National Governing Body Awards or first aid certificates etc. can be uploaded to develop a baseline of competence for each person.

**Coming to our half day EVC Training in November? Catch a brief tour of the system then. Otherwise countywide briefings will be offered as the needs arises.**

## C2 Training now Total Train

With effect from 1 January 2013 C2 Training will cease and become Total Train. Same trainer (Joanne Caffrey) different name. Paediatric and Emergency First Aid will continue to be provided by Joanne and all bookings and dates for 2013 will remain the same. Total Train will also be providing new courses – Level 2 Award Activity First aid, a 16 hour Outdoor and Sport specific course and a course in Managing Conflict.

**Look out for dates on our Spring Term training schedule.**

**Five people** were injured last year in accidents involving out of control Scalextric cars.

**Twenty Five people** a year had to have broken parts of plastic toys removed from the soles of their feet

**New!** **Safety Series G19 – Work at Height**

Explanation of the parts of the Work at Height Regulations which are relevant to work in educational settings and the arrangements for managing the risks.

# Be prepared this Winter - start planning now!

**Planning for the winter weather is the most effective way to ensure the safety and well-being of your pupils and staff.**

**Your planning should include:**

- checking your rock salt/grit supply - **now** - ensure that this is adequate and maintained throughout the winter period
- identifying priority entrances for gritting to allow safer access to the premises
- making sure that parents and pupils are informed of which walkways to use in snow/icy conditions - close off others if possible
- identifying the routes which need to be maintained safely throughout the day
- estimating the minimum number of both teaching and non-teaching staff required in order for the school to operate safely

Although the most obvious hazard to the well-being of pupils and staff, snow and ice is not the only thing that you should be aware of during the winter months.

Other causes of slips and trips during these months are leaves, moss and other materials on surfaces, unsuitable footwear, changes from wet to dry flooring when entering buildings and poor lighting.

To prevent unnecessary incidents ensure that external areas are checked and cleaned regularly. Ensure kerbs are visible and handrails are provided in sloped areas where necessary and ensure external lighting is sufficient and properly maintained for safe entering and leaving of premises, especially during the hours of darkness. Internally, rugs/mats can be installed to keep internal floors dry.

Ensure that pipes are appropriately lagged and that heating is set to 'frost control' throughout periods of closure. Particularly check pipes in roof voids and those which pass external vents or grilles.

High winds can cause both property and grounds damage, make bins and other unsecured objects become 'flying objects', and create slamming hazards of doors that would not normally slam. Regular checks should be made of the condition of the premises and unsecured items should be placed either inside or close to the building during high winds in order to reduce the risk of injury to staff, pupils and other visitors to the school.

**For further advice on what to do in severe weather conditions our Safety Series - G31 Severe weather is available on our website or alternatively contact our office.**

**Eight people** will crack their skull after falling asleep while throwing up into the toilet

**Eighteen people** a year seriously burn themselves trying on a new jumper with a lit cigarette in their mouth

## Notable Accidents...

### Dorset School and refurbishment company director in court after unsafe removal of asbestos

Building contractors and a teenage work experience student were exposed to asbestos fibres leaving them at risk to potentially life threatening diseases later in life, when asbestos insulation boards were unsafely removed during a refurbishment at Sherborne School, Dorset. An HSE investigation found that the school and refurbishment company had failed to carry out adequate planning and carry out a full asbestos survey. They had also failed to appoint a Construction Design and Management Coordinator who would have ensured the completion of assessments and surveys, and is a requirement under the Construction (Design and Management) Regulations 2007. The HSE Inspector said "Although Sherborne School was the client, it still had a duty to manage the control of asbestos on its site, and to be aware of the requirements of removing asbestos safely"

**The school was fined £70,000 and ordered to pay £13,000 costs, whilst the company director was fined £10,000 with costs of £6,000.**

### School employee seriously injured after falling through loft hatch

An employee of Wells Cathedral School, Wells was left with a broken shoulder blade and head injuries after falling 2.5 metres through a loft hatch. The injured woman had stepped onto the hatch which gave way under her weight causing her to fall to the library below. Staff had been warned that there was a risk however no risk assessment had been carried out nor had any safety measures been put in place to prevent staff from standing on the hatch. The HSE inspector said "The school was obviously aware of the risk, as staff had been warned not to step on the hatch, and yet failed to take simple measures to prevent such an incident occurring".

**The school was found guilty of breaching the Health and Safety at Work Act 1974 and was fined £7,000 and £2,172 in costs.**

### Construction workers narrowly avoid impalement

Two construction workers were lucky to escape with only minor injuries after a fall of 1.5 metres whilst investigating a leaking roof at Barlow Moor High School, Didsbury in September 2011. One of the men leant on a wooden rail which collapsed, the other man attempted to save his colleague from falling however both men fell to a scaffolding platform with protruding metal poles. Both men sustained bruising to arms, ribs and chests, with one of the men suffering a fractured rib.

Cruden construction pleaded guilty to breaching the Work at Height Regulations 2005. The HSE inspector said "Both men were lucky to escape with relatively minor injuries...They could easily have been seriously injured or even killed had they been impaled by a scaffolding pole, or fallen all the way to the ground below. The wooden handrail that Cruden Construction provided simply wasn't up to the job and their safety was compromised as a result".

**The construction company were fined £6,500 and ordered to pay £2,530 in costs.**

### School caretaker disabled days before his retirement

A retiring school caretaker in Bradford was left with life-changing injuries after he fell through a ceiling while changing a light bulb in a roof void in the school which was due for demolition. He suffered a fractured hip and broken heel in the fall, requiring 3 screws to be inserted in his hip and will need a hip replacement and further plates and screws added to his heel. Doctors advised he will suffer from severe arthritis and will not regain full mobility. The HSE found that Bradford City Council had failed to assess the risks inside the building during the clearing operation and were guilty of breaching section 2 of the Health and Safety at Work Act 1974.

**Bradford City Council were fined £15,000 and ordered to pay £5667 in costs.**

## Dealing with allegations of abuse against teachers and other staff - DfE, Oct, 2012

The DfE have updated their statutory guidance to take account of changes introduced by the Education Act 2011. The provisions relating to reporting restrictions came into force on 1 October 2012.



### Key points

- If an allegation is made against a teacher or other member of staff, the quick resolution of that allegation should be a clear priority to the benefit of all concerned. Any unnecessary delays should be eradicated.
- In response to an allegation all other options should be considered before suspending a member of staff: suspension should not be the default option. An individual should be suspended only if there is no reasonable alternative.
- Allegations that are found to be malicious should be removed from personnel records; and any that are unsubstantiated, are unfounded or malicious should not be referred to in employer references.
- Pupils that are found to have made malicious allegations are likely to have breached school behaviour policies. The school should therefore consider whether to apply an appropriate sanction, which could include temporary or permanent exclusion (as well as referral to the police if there are grounds for believing a criminal offence may have been committed).
- All schools should have procedures for dealing with allegations. The procedures should make it clear that all allegations should be reported immediately.
- It is extremely important that when an allegation is made, the school makes every effort to maintain confidentiality and guard against unwanted publicity while an allegation is being investigated or considered.

**A copy of the revised DfE information is available to download from the KAHSC website or from the DfE website.**

## Asbestos Contractors prosecuted after filing false report

An asbestos report carried out by contractors at Our Lady's Abingdon School was found to be falsified when engineers working after the report was produced discovered that asbestos material still remained. Investigations proved that the company van being used at the time had in fact never been anywhere near the school therefore no assessment of the works could have been carried out.

Both men pleaded guilty to breaching the Health and Safety at Work Act 1974 and were fined a total of £5000 and ordered to pay £1250 in costs.

4,000 people die every year from asbestos-related diseases, not suffering the symptoms of these diseases until many years after exposure has happened. The fraudulent report exposed other workers on the school site to inhalation of asbestos fibres. The HSE have clear rules and regulations governing working with asbestos, those who do not abide by these rules will be prosecuted.

Cumbria County Council are undertaking Asbestos survey re-inspections in all maintained schools over the coming months. If you subscribe to KAHSC, and you require assistance with the updating of your asbestos management plan and inspection/maintenance regime please give us a call.

Look out for our Managing Asbestos in Schools half-day training sessions which are planned for early in the Spring Term.

### Welsh school closed over asbestos level worries

A school in Caerphilly was forced to close on 12 October after a structural report identified the presence of asbestos. Although the risk to students and staff was low, it was recommended by contractors that the school be closed immediately.

With many school buildings in Wales being built between 1940s and 1980s, the use of asbestos was extensive. All Welsh local authorities have now been asked to provide up to date reports proving that they are undertaking their statutory duties and that existing plans for the management of asbestos are reviewed accordingly.

It has now been advised by contractors that the school in question be considered for demolition as the cost of removing the asbestos from the building could reach millions.

Some pupils were allowed back into the school Friday 19 October, with the school resuming full teaching after the half term break.

## Changes to School Information Regulations

Amendments to School Information Regulations (in effect from 1st September) have removed the need for schools to publish a prospectus or a curriculum policy.

In order to provide parents with accessible and good quality information, schools will instead be required to publish key information online (hard copies should be made available to parents if requested).

Most schools already provide this information and are required to ensure that they continue to comply and that this information is up to date. Academies and Free Schools are already required to publish much of this information through their Funding Agreements, the Independent Schools Regulations or the information is published by the DfE.

Schools that do not already have an online facility, must make arrangements to ensure that this information can be published accordingly.

Local authorities continue to have a duty to ensure that parents receive the help and support they need when working through the admissions process, and produce a composite prospectus every year to help parents make informed choices about their child's education.

**For a useful checklist (which includes all the statutory requirements) to assist you in auditing your school webpages go to the KAHSC website.**



**Nineteen people** have died in the last 3 years believing that Christmas decorations were chocolate.

**Thirty one people** have died in recent years by watering their Christmas tree while the fairy lights were plugged in.

## Expander Earring

The latest fashion with teenagers is the Expander Earring. As suggested by the name, an expander is an earring that expands the pierced hole as it is pushed into the hole. The earrings come in all shapes and sizes but most popular amongst students is a style which resembles a spike. As with all other jewellery these earrings pose safety risks in PE as well as other times during the school day. Your school's jewellery procedures should be consulted when dealing with all types of jewellery and to find out where the school stands on this subject.

**For general advice you can also consult KAHSC Safety Series G05 Jewellery and Personal Effects in School which is available on our website.**

## E-safety and Ofsted by Jeff Haslam

**E-safety is one of those areas of safeguarding that never seems desperately important until things go wrong; only then do a host of authorities appear to point out the massive gaps that have been missed.**

The growing number of children and young people who are now exposed to online predators or through their own mis-guided actions jeopardise their future careers, determine that all of us should engage in safer online practices and pass on these good practices to children starting at an early age.

The recent serious case review at a North Somerset First School where a member of staff had been systematically abusing children over a period of time had technical safeguarding firmly in the spotlight, right down to policy. Password policies never look important until a full blown police investigation needs to identify who was using a specific device at a specific time; staff logging in with each others' or a generic password only serves to obfuscate those efforts, the impact of which is only obvious in hindsight.

There is an awareness now that schools tend to get physical safeguarding right on the whole. That includes policies, procedures, reporting, monitoring and education. The focus however is beginning to switch to those issues that occur "beyond the school gate" that impact on the well-being of a child where they are acting as a pupil of the school.

It is no accident then that the new inspection handbook (Sept 2012), the subsidiary guidance for inspectors and the new inspectors briefing sheets shift the spotlight onto these aspects. E-safety and cyber-bullying are mentioned four times in the new schedules (pages 37, 38,39 & 43), interestingly enough in the Leadership and Management section when describing outstanding schools.

The new Ofsted handbook can be found online at: <http://www.ofsted.gov.uk/resources/handbook-for-inspection-of-schools-september-2012>

My colleagues and I at the UK Safer Internet Centre were fortunate enough early this year to be asked to assist in helping shape and advise on these changes, in particular the inspectors' briefing sheets. We were careful not to crowd the document but base all of the observations and indicators on current research and accepted practice; but also 360 degree safe descriptors that we use regularly with schools to improve e-safety provision and standardise consultancy. We have also trained HMIs in focused areas of online safety such as cyber-bullying.

These briefing sheets are publicly available to schools and give a valuable heads-up to school leaders as to what good/outstanding online safeguarding practice looks like; more importantly perhaps, it clearly outlines what inadequate practice looks like.

**The briefing sheets can be found at: <http://www.ofsted.gov.uk/resources/briefings-and-information-for-use-during-inspections-of-maintained-schools-and-academies-september-2>**

**If you want further advice or guidance or perhaps arrange onsite training please don't hesitate to contact me via Kym Allan Health and Safety Consultants**

## Measuring Children's Happiness - a new method

**A questionnaire has been developed by the Children's Rights Director for England to measure children's happiness.**

Created after discussions with children in care and/or living away from home, the questionnaire lists twenty statements which the children tick as being right about them. The statements include "I get bullied", "I am getting all the help I need" and "I get lonely".

Children's Rights Director, Dr Roger Morgan believes that the best way to determine whether children are happy is to actually ask them. During the development of the questionnaire, focus groups of children and young people were asked what made them happy: the results varying from group to group.

Some said that happiness depended on not just one thing but a number of different factors together, others said this would vary for different people, people are not born happy but are made happy/unhappy by the things that happen to them. Money was seen by most children to be less important than being treated equally and fairly, and having family.

The research showed that whilst there were varying ideas over what made people happy, the children all agreed on what made them unhappy. The things that the children felt made them unhappy included being bullied, people being prejudiced against you, losing someone special, not being cared for properly, being abused and being let down by people.

**The report "Measuring happiness" can be found on the Children's Rights Directors Website [www.rights4me.org](http://www.rights4me.org) and the Ofsted website.**



## MYTH BUSTING

PART TWO

**Myth:** A secondary school has asked pupils not to push a fellow pupil's wheelchair claiming the pupils have had no training. The pupil is temporarily using the wheelchair because he has sprained his ankle.

**Busted:** There is no health and safety law preventing students from pushing wheelchairs. The school may have legitimate concerns about the welfare of students if they push wheelchairs. In this case, it would be better if the school worked with the students to address these concerns so that they could help their fellow students.

**Myth:** A children's nursery has told parents that it is policy not to allow parents to bring in homemade or shop bought cake to the nursery because of children's allergies etc. The policy states that 'this is in line with health and safety regulations'.

**Busted:** The nursery is incorrect to state that this ban is related to health and safety regulations - it isn't. However, it would seem to be a sensible measure to take if there is genuine concern that some very young children attending the nursery suffer from serious food allergies. It is a pity that the nursery didn't simply state the real reason rather than trotting out the "health and safety regulation" line to deter challenge.

**Fifty Eight people** are injured each year by using sharp knives instead of screwdrivers.



# Cyber bullying - a growing problem

With the rapid growth of the interactive age come the growing problem of online abuse between children and teens. There are now so many methods available to abuse, that the bullying is only limited by the imagination of the bully.

As with all forms of bullying prevention is better than cure and so it is important that pupils are informed about cyber bullying - what it is and its effects. Pupils may not even realise that what they are doing or indeed being subjected to is cyber bullying. This is especially the case for pupils with special educational needs.

STOP Cyberbullying.org encourages children to stop and think about the following points before they send any form of message:

- Is the message addressed to the right person?
- Is the message worth sending?
- Does the message contain anything that may be insulting or offensive?
- Could the meaning of the message be misinterpreted?
- Do they have permission to forward someone else's message?
- Is the message private? Are they happy for others to read its content?
- Take 5! Don't reply when angry, this can fuel a situation further.

There are a large number of websites and organisations who offer advice in relation to Cyberbullying, available to teachers and parents. For those who are affected by Cyberbullying there are helplines, message boards and even apps that can block unwanted calls or texts.

Here are a few useful links:

**Beatbullying.org** the UK's leading anti-bullying charity - [www.beatbullying.org](http://www.beatbullying.org)

**Childline** are available for 1-2-1 chats about a variety of issues - [www.childline.org](http://www.childline.org)

**www.childnet.com**

a non-profit organisation working with others to "help make the Internet a great and safe place for children".

## External Lighting

With the dark nights of winter upon us, one of the new additions to the School Premises Regulations is more relevant than at any other time.

The regulations state that "External lighting must be provided in order to ensure that people can safely enter and leave the school premises". In order for lighting to be suitable, schools need to pay attention to providing external lighting to ensure safe pedestrian movement after dark. You must also make sure that the lighting is appropriately maintained.

## Changes to disclosure and barring scheme (from front page)

At a glance the changes which came into force on 10 September 2012 are:

- A new definition of regulated activity
- Repeal of controlled activity
- Repeal of registration and continuous monitoring
- Repeal of additional information
- Minimum age (16) at which someone can apply for a CRB check
- More rigorous 'relevancy' test for when the police release information held locally on an enhanced CRB check.

One hundred and one people were injured last year by not removing all pins from new shirts

**The new definition of regulated activity (i.e. work that a barred person cannot do) is:**

- Unsupervised activity - teaching, training, instructing, care for or supervising children, providing advice/guidance on well-being' or drive a vehicle for children only;
- Work for a limited range of establishments with opportunity for contact - schools, children's homes, childcare premises.

From December 2012, the work of the CRB and of ISA will be merged into a single body - The Disclosure and Barring Service (DBS). The merge will not change the service received, it just means that it will be provided by one organisation instead of two.

**Look out for the Disclosure and Barring Scheme Roadshows which will be coming to a school near you in December/January. These will be free to KAHSC Subscribers and a nominal fee of £25 + VAT per person for all other schools and settings. Details will be sent to schools after half-term.**

 CFMradio

## And don't forget!

Make sure to register with CFM radio station's webpage specifically for the recording of school closures. Simply register with the site and you will be able to quickly update your schools status from Open to Partially or Fully Closed. Details recorded will then be broadcast via the breakfast radio show.

**To register your school simply go to [www.cfmradio.com/s157\\_school-closures-registration](http://www.cfmradio.com/s157_school-closures-registration) and fill in your details.**

## Defibrillator scheme introduced in Liverpool Primary schools.

In March 2011, Oliver King age 12, died tragically from Sudden Arrhythmic Death Syndrome (SADS) during a swimming lesson. It is felt that had a defibrillator been available Oliver's life could have been saved. After his death, Oliver's parents set up the Oliver King Foundation and campaigned to have a defibrillator in all public buildings, starting with the 122 primary schools in Liverpool.

The £100,000 project has now begun with Pinehurst Primary School in Anfield being the first to receive the lifesaving machine. All 122 schools will have received theirs by the end of the academic year. School staff will be trained, and pupils aged 14 to 16 at Oliver's school, King David High School in Childwall have been taught how to use the machine and how to perform resuscitation.

Liverpool City Council has now purchased defibrillators for each of its Citysafe vehicles, as well as the Cruise Liner Terminal. The foundation's aim is to get the Government to agree to install a defibrillator in all public buildings by 2017.

**More information about the work of the Oliver King Foundation can be found at [www.theoliverkingfoundation.co.uk](http://www.theoliverkingfoundation.co.uk).**

# Courses Available to book NOW.

Check out the wide range of information below to find one that suits your training needs.

Enquire or book a place by contacting Julie on **01228 210152** or email [julie.smithson@kymallanhsc.co.uk](mailto:julie.smithson@kymallanhsc.co.uk)

| Course  | Date                                 | Venue         | Course fee   |
|---|--------------------------------------|---------------|--|
| <b>Visit Leader Course (Full day)</b><br>An essential day inside and outside the classroom. Offering advice, support and practical training in effective risk management in specific environments. Delivered by outdoor professional <b>Richard Simpson</b> .   | TBC Mar 2013                         | North Cumbria | £120+VAT pp  |
|   | TBC Mar 2013                         | Milnthorpe    | KAHSC Subscribers<br>£105+VAT pp                           |
| <b>Asbestos Awareness (1/2 day)</b><br>Delivered by <b>Chris Earley</b> , this course provides delegates with an overview of what asbestos is, where it can be found, its effects on health and legal responsibilities in managing asbestos.  | 20 Feb 2013                          | Carlisle      | £80 + VAT pp   |
|   | 27 Feb 2013                          | West Cumbria  | KAHSC Subscribers<br>£70 + VAT pp                          |
| <b>E-Safety Courses - Various</b><br>Arrange for one of the foremost authorities on the subject in Cumbria, <b>Jeff Haslam</b> to come and deliver specifically tailored courses to gain a greater understanding of e-Safety.   | Your duration on your choice of date | Your premises | Prices reasonable and negotiable.<br>Available on request. |
| <b>Conflict Management (Full day)</b><br>Delivered by provider <b>Total Train</b> these courses provide an opportunity to improve knowledge and understanding of <b>behaviour and de-escalation techniques</b> .  | 18 Mar 2013                          | Penrith       | £90 p/person<br>KAHSC Subscribers<br>£80 p/person          |
|   | 17 Apr 2013                          | Workington    |  |
| <b>Emergency First Aid at Work (6hr)</b><br>Delivered by <b>Total Train Ltd</b> and fully HSE Approved. 1 day (6hrs) course plus a bespoke package (3hrs) to cover high risk activities e.g. PE, DT, Food Tech etc. satisfying legal requirements.  | 11 Jan 2013                          | Penrith       | £80 p/person   |
|   | 25 Feb 2013                          | Workington    | KAHSC Subscribers £75 p/person                             |
|   | 25 Mar 2013                          | Barrow        | <b>In house fees - on request</b>                          |
| <b>Paediatric First Aid (12 hr)</b><br>Delivered by <b>Total Train Ltd</b> this course covers <b>0-15yr olds</b> in addition to complying with the Early Years Foundation Stage (EYFS) legal requirements. Ideal for people who care for children in schools, nurseries, pre-schools and child-minding. | 22 & 23 Jan 2013                     | Penrith       | £100 p/person  |
|   | 19 & 20 Feb 2013                     | Carlisle      | KAHSC Subscribers<br>£90 p/person                          |
|   | 7 & 8 Mar 2013                       | Workington    |  |
| <b>**New** Level 2 Activity First Aid (16 hr)</b><br>This <b>Total Train Ltd</b> course is ideal for any person who regularly works in an Outdoor or Sport environment and wishes to fulfil their first aid duties of care to a person out of the 'school environment'.                                 | 11 & 12 Mar 2013                     | Penrith       | £100 p/person  |
|   | TBC Apr 2013                         | Workington    | KAHSC Subscribers<br>£90 p/person                          |

## Don't forget to ask about other in-house training opportunities we offer including:

**Manual Handling of Objects** 90 minutes    **Visit Management awareness** 75 minutes  
**Risk Assessment Awareness** 75 minutes    **DSE Assessor Training** 2 hours

**MINIBUS ASSESSMENTS DUE? BUDGETS SLASHED?**

**Call Mike Thomson (Dip.D.I.)**  
**With over fifteen years experience in School Minibus Assessments and Training countywide, get yours from as little as £30 per assessment.**

**To discuss your needs please call 01768 870183 or email [mgtthedale@aol.com](mailto:mgtthedale@aol.com)**

**DVS**

Derwent Ventilation Services

The services we provide for schools are:

- Routine ventilation system maintenance.
- Local Exhaust Ventilation (LEV) examinations, (fumehoods, wood working & welding extract etc.)
- Indoor Air Quality (IAQ) assessments.
- Energy saving assessments.

**We guarantee to save you money!**

Contact: Gary: 07896192940    Nigel: 07857373684  
 Email: [information@derwentventilationservices.com](mailto:information@derwentventilationservices.com)    Web: [www.derwentventilationservices.com](http://www.derwentventilationservices.com)

Call us today **01228 210152** or visit us online at [www.kymallanhsc.co.uk](http://www.kymallanhsc.co.uk)